



LEARN HANDS-ONLY CPR WEDNESDAY, MARCH 18, 2026 @ 11:30 AM CLUBHOUSE BALLROOM

Learn lifesaving skills with Heartsaver Total - First Aid CPR AED.

Paul Passaretti, Collier County Program Coordinator for Emergency Medical Services will be at The Shores to teach hands-only CPR AED course.

CPR AED course provides high-quality training in first aid, CPR, and AED use. This course equips individuals and communities with the confidence to respond effectively to medical emergencies until emergency responders arrive. It is designed for individuals with little or no medical background who need first aid, AED and CPR training to meet work or other regulatory requirements like OSHA. It is also ideal for anyone who wants to be prepared to respond effectively to emergencies at work, home, or in the community.

What will you learn with the course?

- **Adult CPR and AED use (Lobby Philips trainer AED)**
 - First aid basics
- **Medical emergencies (including choking)**
 - Injury emergencies
 - Environmental emergencies
 - Preventing illness and injury
- **Opioid-associated life-threatening emergencies and how to use Nalaxone**
 - Recognizing the signs of mental health crisis in the workplace
 - Optional modules in Child CPR AED and Infant CPR AED

Together, we can make The Shores a safer community—please join us and be prepared to save a life.